

# ***KIT LIST***

- **Walking socks**
- **Wicking base layer**
- **Walking trousers – usually these will be a modern ‘technical’ quick drying fabric**
- **Fleece jacket or pullover**
- **Woolly hat and Gloves – need to be warm**
- **Spare clothing – e.g. extra fleece, spare gloves, spare hat**
- **Drinks bottle and/or flask, sandwich box**
- **Maps – OS 17 Snowdon & Conwy Valley 1:25000 or OS 256 for Courses based in Llangollen**
- **A stop watch, or watch with this function is also very useful**
- **In the summer you should consider bringing sun cream, sun glasses, insect repellent and a sun hat**
- **Walking Boots**
- **Hard Shell Waterproofs**
- **Rucksack**
- **Compass**