

EXPEDITION SKILLS

KIT LIST

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KIT LIST

- Waterproof jacket and trousers
- Suitable fast drying layers for walking
- Warm insulated layers
- Walking boots
- Multiple pairs of thick walking socks
- Warm hat & gloves
- Sun protection
- Headtorch (and spare)
- Expedition rucksack (approx 65-70ltr)
- Personal first aid kit
- Mobile Phone
- Basic toiletries
- Sleeping mat
- Sleeping bag
- Lightweight tent (available to hire)
- Expedition food
- Small camping stove, pan, fuel, and spoon
- Dry bag(s)
- Ziplock bag for rubbish
- Small digging trowel
- Silva Expedition 4 compass

HIRING EQUIPMENT

We have a selection of kit that is included within the course fee, and is available on a first come first serve basis. This includes tents, sleeping mats and stoves.

If you wish you use this equipment, please make it clear during the booking process.